

Breakfast

Gluten Free Menu

Winter 2018

Hot Porridge Bowl 15.9 VN

Packed full of Oats, coconut milk, cinnamon and drizzle of maple syrup and cooked to warm your tummy.

Topped with dried apricots, fresh banana, pecan nuts, cranberries, and coconut flakes

Free-range Eggs on the Nest, 13.5 V

Two free-range eggs served on gluten free toast.

2 x Poached eggs ... 2 x Fried eggs ... OR 2 x Scrambled eggs.

B 'n' E Toasted Breaky Sandwich 16.9

Crispy bacon rashers, free range fried egg, swiss cheese and house tomato sauce in a gluten free toasted sandwich.

Bacon & Egg Toastie Stack, 17.5

Packed full of bacon & a fried free-range egg, with a crunchy potato hash brown, vintage cheddar cheese and a dollop of house tomato sauce.

Smashed Avocado, Vache Curd & Spinach Toasts 19 V

Smashed Avocado, vache curd, a sprinkle of dukkah and lemon juice on gluten free toast topped with spinach leaves and a drizzle of beetroot relish.

Leg Ham Benedict, 24.5

Baked traditional leg ham benedict, topped with 'Thornby's' fresh smoked leg ham, two poached free-range eggs on toasted gluten free, topped with fresh rocket leaves and served with a side of lightly spiced Mango chutney.

Smoked Salmon, Broccolini, Potato Stack, 28.9

Smoked salmon, steamed broccolini, 2 free-range poached eggs, capers, and a sprinkling of red onion, toasted almonds and potato hash's, and served with a side of lightly spiced Mango chutney.

Full Monte Barossa Grill 29.9

2 Free-range fried eggs, layered on sour-dough toast topped with 'Barossa Fine Foods' chorizo, big Bockwurst sausage, smoked Kassler 'Bacon-style' chop, sauerkraut, a pot of house Tomato sauce, crunchy hash browns and a drizzle of Worcestershire sauce
... feed the man meat!!

Chilli Beans & Bacon topped Toasts 23.9

House-made baked beans, packed full of cannellini, lima, great northern and red kidney beans,

topped with a sprinkling of pecorino cheese, fresh rocket leaves, rashers of bacon and fresh chilli from the Red door garden.



Brunch

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little Meals

Soup of the Day 14

Toasted light gluten free bread (see specials board for today's variety if applicable)

Cajun Chicken Toasted Toastie 16.5

Cajun chicken fillet, vintage cheddar cheese, roasted red capsicum, rocket and lightly spiced Mango chutney.

Leg Ham Toastie 15

Leg ham, vintage cheddar cheese, tomatoes, rocket, GF mayonnaise and seeded mustard.

Halloumi Toastie 15.5 V

Kalamata olive tapenade, vine ripe tomatoes, GF mayonnaise, baby lettuce and grilled halloumi.

Roast Chicken Sandwich 13.9

Roast Chicken, avocado, grilled bacon, lettuce & GF mayonnaise sauce.

bigger Meals

Greek Salad 19 V

Baby cos lettuce, crumbled fetta, Kalamata olives, red onion, roasted red capsicums, tomato wedges, cucumber slices, dressed in extra virgin olive oil and lemon juice.

+ Plus grilled chicken 6.5

Salt n Pepper Squid Salad 26

Salt n pepper squid, served on an asian-style salad, Shaved Almonds, slithers of fresh chilli and coriander leaves, drizzled in extra virgin olive oil and lemon juice.

Scotch Fillet Steak Sandwich 26

Grilled scotch fillet steak, heaped with salad greens, vintage cheddar, vine-ripe tomatoes, beetroot slices and GF mayonnaise sauce, served with a side of fries and house tomato dipping sauce.

Giant German Style Hot Dog 25

A double smoked kransky 'by Barossa Fine Foods' on a toasted gluten free with mozzarella cheese, sauerkraut, house tomato sauce, crispy bacon, grilled rosemary onions, served with a side of fries.

