

TAKE AWAY BREAKFAST MENU

RASIN TOAST / \$6 V

Served buttered

BAG OF BROWNS / \$4.5 GF DF NF

Crunchy hashbrowns (2) served with our house made tomato sauce

MUSHY MADNESS TOASTIE / \$9.5 V

mushroom, cheddar cheese, aioli and rocket in a sourdough toastie
swap to gluten free bread \$2

CHICKEN & AVO TOASTIE / \$9.5

GF chicken, avocado, aioli & cheddar cheese
Swap to gluten free bread \$2

SMOKED SALMON BAGEL / \$11.5

Smoked salmon, kale, capers, red onion & house dill sauce

BACON & EGG SANGA / \$10

Apex sourdough toast, crispy bacon, fried egg & homemade tomato sauce
Swap to gluten free bread \$2

BLT BURGER / \$12.5

Crispy bacon, swiss cheese, onion relish, tomato slices, baby lettuce & aioli on a brioche roll
Swap to gluten free roll \$3.5
Add a fried egg \$2.5

BACON & EGG MUFFIN / \$12 NF

Crispy bacon, free range fried egg, crunchy hashbrown, cheddar cheese & hollandaise sauce
Swap to gluten free roll \$3.5

COFFEE & BEVERAGES

COFFEE

cappuccino, flat white, latte, long black, mocha

HOT CHOCOLATE

classic hot chocolate
hazelnut hot chocolate
peppermint hot chocolate
peanut butter hot chocolate
Nutella hot chocolate

NOURISH LATTES

Turmeric Latte, Beetroot Latte Matcha Latte

Menu is subject to change.
Meals are available until sold out

CALL US 8563 1181

TAKE AWAY LUNCH MENU

SOUP OF THE DAY / \$9.5

Please ask staff for daily flavour. Served with toasted Apex sourdough

VEGE SPRING ROLL SALAD / \$14 V

Crispy spring rolls(3) on a pickled ginger, rocket, cabbage, mint, kale & banana chilli salad with a sesame dressing.

PERI CHICKEN BURGER PACK / \$15 NF

Grilled chicken breast coated in peri seasoning, lettuce, cheddar cheese, aioli, crispy bacon in a brioche bun with a side of fries
+ Add avocado \$2.5

TEXAS BEEF BURGER PACK / \$16 NF

Homemade beef pattie, grilled rosemary onions, salad greens, garlic aioli, vintage cheddar, tomato and beetroot in a brioche roll with a side of fries
+ Add crispy bacon \$2.5

FISH & CHIPPY PACK / \$16

2 x beer battered fish fillets - ask staff for fish variety
Served with shoestring fries, garlic aioli & lemon

SIDES

GARDEN SALAD / \$8 VN GF

Baby lettuce, carrot, red onion, tomato wedges, cucumber, shredded beetroot, capsicum, sprouts & balsamic dressing

SHOESTRING FRIES / \$4

Cup of fries served with your choice of sauce

SWEET POTATO FRIES / \$5.5

Cup of sweeties served with your choice of sauce

SAUCES / 0.60

Homemade aioli (GF), sour cream & sweet chilli, homemade tomato (GF), BBQ sauce

MILKSHAKES / \$6.5

chocolate, vanilla, strawberry, caramel, lime

FRAPPE / \$9

Mango - Dairy free

COLD DRINKS / \$7

Iced coffee, Iced mocha, Iced latte, iced long black

FRESH JUICE

Orange juice: Market fresh oranges / \$8

Apple juice: Granny smith apples / \$8

Summer Days: Orange, pineapple and watermelon / \$9.5

Bugsy: Carrot, celery, ginger and orange/ \$9.5

FRUIT SMOOTHIES / \$9.5

Berry-go-round: Strawberries, raspberries, cranberries milk & greek yoghurt

Banana Blender: Banana, cinnamon, greek yoghurt, honey & milk